

October 2014



Jane Cambridge and Larry Beck “clowning around” at last year’s Halloween Potluck Party.

Contact Information:

Anthem Ranch Community Association
16151 Lowell Blvd., Broomfield, CO 80023
Ph: (303)665-1256
Fax: (303)604-4306

Community Website:

www.myanthemranch.com

Aspen Winter Hours :

Monday - Friday 7:00 AM - 9:00 PM
Saturday - Sunday 8:00 AM - 6:00 PM

Maintenance Week

Monday, Oct. 6– Friday, Oct. 11
Lodge will be closed.

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OCTOBER FEATURED EVENTS

Polar Plunge (Pool Closing Party)
Wednesday, October 1
12:00 PM
Free



The heater is off, the water is cool, and there may be some ice too! Come join your fellow neighbors for this invigorating experience as we close the pool down until next season. Hot chocolate and cookies will be provided! **Please register at the Aspen Lodge front desk by Friday, September 26.**

Oktoberfest
Saturday, October 11
6:00 PM - 9:00 PM
\$12

Sponsored by: Susie Smyle/ReMax Northwest, Lynn Bird/Caplan & Earnest and Larkridge Family Dentistry

Guten Tag! It is time for Anthem Ranch's Oktoberfest. Enjoy bratwurst, sauerkraut, German potato salad, apple strudel, and more! Bring your beer stein and your favorite beer or other beverage. Register at the Aspen Lodge front desk.

Please register at the Aspen Lodge front desk by Friday, September 26.



Anthem Community Trick or Treat Street
Saturday, October 18
2:00 PM - 4:30 PM
Free

Trick or Treat Street is back! Anthem Highlands and Anthem Ranch are planning a great Halloween event for the entire Anthem Community and their families. You will see the favorites such as a storyteller, haunted house, pumpkin patch, and more. Prizes will be given for the best costume, so come dressed in costume, young and old! This event takes place at the Parkside Community Center Parking Lot. You must register for this event at the Aspen Lodge front desk.

Please register at the Aspen Lodge Front Desk by Thursday, October 16.

PAL Violin and Piano Chamber Music Concert
Saturday, October 18
7:00 - 9:00 PM
\$15



Sponsored by Bob Reed Paul Comstock Partners/Wealth Management

This violin and piano concert will feature the exciting virtuoso playing of Chas Wetherbee and David Korevaar. We are extremely lucky to have this caliber of musicians perform for us here at Anthem Ranch. **Individual tickets for this concert will be available at the Aspen Lodge front desk starting Monday, September 22.**

Halloween Dress-Up Potluck
Thursday, October 23
5:00 PM - 8:00 PM
Free

Sponsored by Country Financial

Join us for our third annual Halloween Dress-Up Potluck! Get creative with your costume and use your favorite book for inspiration! From Pippi Longstocking to the recent Harry Potter, pick your favorite and create your disguise. Prizes will be awarded for Most Recognizable, Best Couple, and Best Individual.

This is a potluck and BYOB so please plan to bring a side dish or dessert as the main dish will be provided. **Please register at the Aspen Lodge front desk by Monday, October 20.**



OCTOBER FEATURED EVENTS

2014 Anthem Craft Fair

Saturday, October 25

9:00 AM - 3:00 PM

Free

Sponsored by Basement Specialists, LLC

The Anthem Craft Fair is almost here! Join us for the 2014 edition of this annual event. Among the new items this year will be a selection of children's clothing, items made from recycled sweaters, hand painted tiles, handbags, lighted wine bottles, log cabin bird houses, journals, handmade coin rings, and calendars featuring local photographs. These will be joining the many favorites who have returned again to the

Craft Fair featuring delicious baked goods, decorated glass blocks, knitted and crocheted items, quilts, aprons, jewelry of all types, a variety of small gift items, note cards, and books authored by Anthem Ranch residents. Family, friends and guests are invited to attend.

The event is free and no registration is required. Cash and checks will be accepted. If you have any questions or need additional information, please contact Ann Byrne at byrnera@comcast.net.



NOVEMBER SAVE THE DATES

Anthem Ranch Has Got Talent Show Veranda Social

Friday, November 14

5:00 PM - 8:00 PM

If you, or you and a group of your friends, have a talent to share please sign up to entertain your neighbors at this Veranda Social. We will have the 2014 first place line dance winners as well as several others to entertain you. **Please sign your group up at the front desk by November 7th** so that we can prepare accordingly. As always, we ask that you bring a dish to pass so that we can enjoy some good food with our fun entertainment. Paper plates, utensils and soda will be provided.

You are welcome to BYOB.

Veterans Day Celebration

Monday, November 10

8:30 AM - 11:30 AM

Be watching Weekly Updates for details.



6th Annual Thanksgiving Harvest Feast

Wednesday, November 19

6:00 PM - 8:00 PM

\$18

Sponsored by Front Range Hospice

Come share your joys and blessings of Thanksgiving with your Anthem Ranch neighbors at our annual family style "Harvest Feast". We'll be serving a catered, traditional Thanksgiving dinner with turkey and all the trimmings. Coffee and soft drinks will be provided, and you are welcome to BYOB. **Tickets are on sale now at the Aspen Lodge front desk. Reservations will be taken until Friday, November 14th or until this event sells out - the maximum number of guests will be 152. We will use the table reservation system for this event; you may purchase a single ticket or up to 8 tickets. Please have the names of all the people on your list and a single check at the time of purchase.**

MANAGER'S DESK



As a reminder, the Aspen Lodge will be closed for Annual Maintenance beginning Monday, October 6 through Friday, October 10. It is important that the Aspen Lodge remain closed during this time to ensure that all scheduled items can be completed efficiently and safely. Please avoid visiting the Aspen Lodge during the closure. The closure includes the Aspen Lodge parking lot and outdoor facilities including the veranda, bocce courts and shuffleboard courts. Please do not utilize any of these areas as unsafe conditions could exist. Safety is a top priority for all staff, contractors and residents during the maintenance closure.

Although the Aspen Lodge will be closed, the Association Office will be available via telephone from 8a to 5p during the closure. If you need anything from the Association during the closure, we will be glad to assist you on the telephone. If an Association related emergency arises outside of the 8a - 5p service period, please use the After Hours Emergency number 1-800-274-3165.

We know that this closure interrupts regular use of the Aspen Lodge and appreciate your patience with the closure as we prepare the Aspen Lodge for another year of service.

Attention all clubs and groups - If you had a reservation for a meeting, event or other activity at the Aspen Lodge between October 6 and October 10 please refer to the reservations calendar on the community website to reschedule your event. No events can be held at the Aspen Lodge during the maintenance closure. If you need assistance rescheduling your activity, please contact the Aspen Lodge at 303-665-1256.

YARD OF THE MONTH

Congratulations to Gloria and Jack Maltese at 16400 Somerset Dr. The Maltese's lawn and plantings are lush and beautiful, definitely worth a drive by if you want any ideas for your yard! We would like to commend all of those homeowners who are working tirelessly to improve the beauty of their yards! The improvements add to the enjoyment of all who live here. Thank you!

2014 Yard of the Month Contest has been sponsored by:
Chip Bruss
Relocation Director
Real Living CO Real Estate
303-638-8242



Thank you Chip for sponsoring this year's Yard of the Month contest. We look forward to next year and all the great new and improved yards!



OUTDOOR POOL CLOSING & GRANDCHILD SWIM

Notice - It's that sad time of year again when the outdoor pool must close.

The outdoor pool heater will be turned off on September 29th. The pool will remain open from September 29th through September 30th but the temperature may be cooler than usual. The outdoor pool will close as of October 1st and will remain closed for the Fall/Winter season.

If you want to make the most of the outdoor pool's last open day of the season, don't miss the Polar Plunge event! See the Featured Events on page 2 for more information on the event.

Please note: All outdoor furniture will be removed from Aspen Lodge and taken to storage until the next outdoor pool season to preserve their condition.

Grandchild Swim/Event hours will occur once a month throughout the Fall and Winter months. The following are the dates to mark on your calendars:

Sunday, October 12 from 11:00 AM - 2:00 PM
 Sunday, November 16 from 11:00 AM - 2:00 PM
 Holiday Celebration:
 Friday, December 12 from 5:00 PM - 7:30 PM



COMMUNITY INFORMATION

Board of Directors Meeting
Thursday, October 2
4:30 PM

Community Information Meeting
Wednesday, October 15
5:30 PM - 6:30 PM

Budget Ratification Meeting
Thursday, November 13
5:00 PM



Friendly Reminder from your Community Standards Coordinator:

Please remember the rules and regulations on Trash Containers. All trash containers need to be covered and stored in the garage unit, not visible from Neighboring Property except when they are being made available for collection. Trash containers may be left out for collection at dusk on the day prior to collection and must be returned to storage in the garage by dusk on the day of collection. Please help to keep Anthem Ranch a beautiful community.

Fall/ Winter Landscape Maintenance:

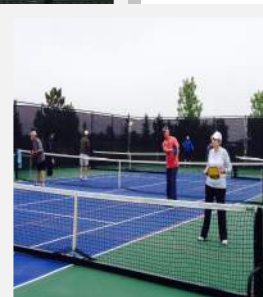
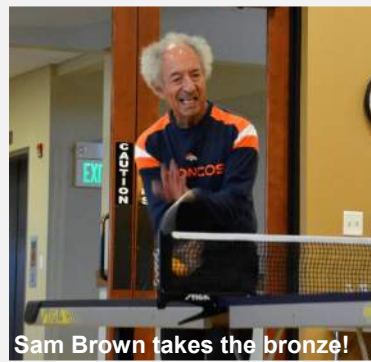
For Fall and Winter watering maintenance, please see the article posted on the Community Website in the News/Activities, Announcements section under Community Standards. If you have any questions, please contact Jenny Baldner at jbaldner@ccmcnet.com.

Club Room Reservations:

Clubs may begin to reserve their rooms for 2015 beginning October 1st. Room Reservation forms will be available starting September 19th at the front desk. For more information regarding room reservations, please look at your Club & Interest Group Guidelines.

BRAG PAGE

CELEBRATING THE MANY ACHIEVEMENTS THAT HAVE BEEN ACCOMPLISHED!



CLUBS, LECTURES & COMMUNITY NEWS

Hands-On Digital Photography Introduction Saturday, October 18 10:00am - 4:00pm Cost: \$90

Join Steve Gandy for his popular class where you will learn the basics of using a digital camera at home, at work, or traveling, whether you have a point-and-shoot with some features or a fancy new DSLR. This intimate, laid-back, and non-competitive class will teach you how to use your new camera - or make better use of your existing camera's features. With a mixture of lecture and hands-on photography, this class will cover taking photographs and setting up a digital photo workflow.

Sign up at the Aspen Lodge front desk. Call Steve with any questions at 303-359-9836.

Fall Prevention Discussion with Paradigm Therapy Thursday, October 16 12:00 PM - 1:00 PM

With icy weather approaching, join an informative, brief discussion with a physical therapist on statics and falls, common causes and consequences of falls. We will then have a more in-depth discussion on how to prevent falls.

We want to focus on preventative and proactive solutions. There will be time left for questions and answers as well.
Sign up at the Aspen Lodge front Desk.

OCTOBER LIFESTYLE

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CALENDAR 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Club and Community News Submissions for the NOVEMBER newsletter are due to Courtney Folkedahl at cfolkedahl@ccmcnet.com or via the Publication Request eForm on the Community Website by Friday, October 3rd.			1 Polar Plunge 12:00 PM Country Club Bingo 5:00 PM	2 Board Mtg. 4:30 PM	3	4
5	6 MANTENANCE	7 CLOSURE	8 WEEK	9	10	11 Oktoberfest 5:00 PM
	Lodge will be closed for maintenance	Lodge will be closed for maintenance	Lodge will be closed for maintenance	Lodge will be closed for maintenance	Lodge will be closed for maintenance	
12 Grandchild Swim Halloween Craft 11:00 AM	13 Budget Ratification Mtg. 5:00 PM	14	15 Community Info Meeting 5:30 PM	16	17	18 Anthem Community Trick or Treat Street 2:00 PM PAL Concert 7:00 PM
19	20	21	22	23 Halloween Dress-Up Potluck 5:00 PM	24	25 Anthem Craft Fair 9:00 AM
26	27	28	29	30	31 2015 Room must be turned in prior to this date	

OCTOBER FITNESS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Pilates Mat 8:30 - 9:30 AM Anthem Aquafit 8:30 - 9:30 AM Restorative Yoga 9:15 - 10:15 AM Anthem Seated Yoga 10:30 - 11:15 AM	2 Anthem Strengthening & Lengthening 8:00 - 9:00 AM Zumba Toning 9:00 - 10:00 AM Anthem Total Body 10:00 - 11:00 AM Anthem Fitness Foundations 11:15 - 12:15 AM	3 Pilates Mat w/ Props 8:00 - 9:00 AM Anthem Aquafit 8:30 - 9:30 AM Zumba 9:00 - 10:00 AM Anthem Bodies in Balance 10:15 - 11:15 AM	4 Tai Chi 8:15 - 9:15 AM
5	6 Lodge will be closed for maintenance No Classes	7 Lodge will be closed for maintenance No Classes	8 Lodge will be closed for maintenance No Classes	9 Lodge will be closed for maintenance No Classes	10 Lodge will be closed for maintenance No Classes	11 Tai Chi 8:15 - 9:15 AM
	←				→	
12	13 Anthem Strengthening & Lengthening 8:00 - 9:00 AM ZUMBA CANCELLED Anthem Aquafit 9:15 - 10:15 AM Anthem Seated Yoga 10:30 - 11:15 AM	14 Active Yoga 8:30 - 9:15 AM Total Body 10:00 - 11:00 AM Anthem Fitness Foundations 11:15 - 12:15 AM Bodies In Balance 12:35 - 1:35 PM	15 Pilates Mat 8:30 - 9:30 AM Anthem Aquafit 8:30 - 9:30 AM Restorative Yoga 9:15 - 10:15 AM Anthem Seated Yoga 10:30 - 11:15 AM	16 Anthem Strengthening & Lengthening 8:00 - 9:00 AM Zumba Toning 9:00 - 10:00 AM Anthem Total Body 10:00 - 11:00 AM Anthem Fitness Foundations 11:15 - 12:15 AM	17 Pilates Mat w/ Props 8:00 - 9:00 AM Anthem Aquafit 8:30 - 9:30 AM Zumba 9:00 - 10:00 AM Anthem Bodies in Balance 10:15 - 11:15 AM	18 Tai Chi 8:15 - 9:15 AM
19	20 Anthem Strengthening & Lengthening 8:00 - 9:00 AM ZUMBA 9:00 - 10:00 AM Anthem Aquafit 9:15 - 10:15 AM Anthem Seated Yoga 10:30 - 11:15 AM	21 Active Yoga 8:30 - 9:15 AM Total Body 10:00 - 11:00 AM Anthem Fitness Foundations 11:15 - 12:15 AM Bodies In Balance 12:35 - 1:35 PM	22 Pilates Mat 8:30 - 9:30 AM Anthem Aquafit 8:30 - 9:30 AM Restorative Yoga 9:15 - 10:15 AM Anthem Seated Yoga 10:30 - 11:15 AM	23 Anthem Strengthening & Lengthening 8:00 - 9:00 AM Zumba Toning 9:00 - 10:00 AM Anthem Total Body 10:00 - 11:00 AM Anthem Fitness Foundations 11:15 - 12:15 AM	24 Pilates Mat w/ Props 8:00 - 9:00 AM Anthem Aquafit 8:30 - 9:30 AM Zumba 9:00 - 10:00 AM Anthem Bodies in Balance 10:15 - 11:15 AM	25 Tai Chi 8:15 - 9:15 AM
26	27 Anthem Strengthening & Lengthening 8:00 - 9:00 AM ZUMBA 9:00 - 10:00 AM Anthem Aquafit 9:15 - 10:15 AM Anthem Seated Yoga 10:30 - 11:15 AM	28 Active Yoga 8:30 - 9:15 AM Total Body 10:00 - 11:00 AM Anthem Fitness Foundations 11:15 - 12:15 AM Bodies In Balance 12:35 - 1:35 PM	29 Pilates Mat 8:30 - 9:30 AM Anthem Aquafit 8:30 - 9:30 AM Restorative Yoga 9:15 - 10:15 AM Anthem Seated Yoga 10:30 - 11:15 AM	30 Anthem Strengthening & Lengthening 8:00 - 9:00 AM Zumba Toning 9:00 - 10:00 AM Anthem Total Body 10:00 - 11:00 AM Anthem Fitness Foundations 11:15 - 12:15 AM	31 Pilates Mat w/ Props 8:00 - 9:00 AM Anthem Aquafit 8:30 - 9:30 AM Zumba 9:00 - 10:00 AM Anthem Bodies in Balance 10:15 - 11:15 AM	

CLUBS, LECTURES & COMMUNITY NEWS

Medicare 2015

Wednesday, October 1

10:00 AM - 11:00 AM

Plan on attending a free comprehensive meeting to discuss the new changes in 2015, how they may affect you, Medicare Supplement Plans, Medicare Advantage Plans, Part D Prescription Plans and what your options are. A question & answer session will follow. Rudy Deutschmann, President of Senior Health Advisors will be the speaker. Annual enrollment begins October 15th so don't miss it!

Sign up at the Aspen Lodge front desk.

Country Club Bingo

Sponsored by Country Financial

Wednesday, October 1

5:00 PM

Come join us for some fun bingo sponsored by Country Financial. There will be prizes and fun for all! There will be a free will offering collected for your cards that will be donated to a local charity. Play will continue until all prizes have been given out!

Sign up at the Aspen Lodge front desk.

Travel Club

Thursday, October 2

4:00 PM - 5:30 PM

All residents are invited to join Linda Rogers to explore Venice "beyond the beaten path". We will visit some out of the way places, other than the usual sights. **No sign up necessary.**

A Closer Look At Horse Racing

Thursday, October 2

11:00 AM - 1:00 PM

Bruce Seymore, CEO, Executive Director of Mile High Racing at Arapahoe Park will provide Anthem Ranch with an informative, free presentation regarding many aspects of Horse Racing. He will cover what goes on behind the scenes, how he grew up in horse racing, what tracks he has run and what he's presently doing at Arapahoe Park. Everyone is welcome to learn more about the "Sport of Kings". Mr. Seymore will also brief on Amendment 68 regarding a casino at Arapahoe Park that will provide substantial revenue to Colorado schools.

Sign up at the Aspen Lodge front desk.

Active Minds: Colorado Ballot Issues 2014

Wednesday, October 8

10:00 AM - 11:15 AM

The fall Colorado ballot promises to stir up strong emotions in the state. With a variety of complex issues coming to a vote, it is important that we understand the ballot and what is at stake. Join Active Minds for an objective review of the ballot issues and a presentation of the arguments on each side of the proposals.

Sign up at the Aspen Lodge front desk.

Anthem Ranch Tennis Tournament

Saturday, October 11

8:30 AM - 5:00 PM

The Tennis Club is pleased to announce that we'll be holding a community tennis tournament (in lieu of the Anthem Games) on Saturday October 11th, beginning at 8:30 am. Our rain/snow date will be Sunday, October 12th.

The first 32 sign-ups will be guaranteed to play. The tournament is intended to be a fun, social tournament. It will be made up of men's doubles and women's doubles, and if there's enough interest, a mixed doubles group. The men's and women's portion of the tournament will take place during the first part of the day, and the mixed after the conclusion of the other divisions. The tournament is open to all residents of Anthem Ranch. Men and women, all levels. Partners will be assigned randomly (i.e. you do not get to pick your own partners). It will be a round robin type format, and everyone will play at least three rounds. More specifics will be announced as we get closer to the tournament date. Note that there is no entry fee for the tournament.

If you're interested, please send an email to barry.halpern@gmail.com with the following: Your name, your USTA rating if you have one; otherwise a rough description of your skill level, whether or not you are interested in playing in the mixed doubles tournament.

Genealogy Club

Monday, October 13

1:00 PM - 3:00 PM

At this roundtable meeting we will have various segments including Book of the Month, Sharing Our Knowledge, Spotlight on Your Family History, DNA, and a video segment.

No sign up necessary.

Valley Crest : Putting Beds to Bed

Wednesday, October 15

1:00 PM - 2:30 PM

Valley Crest Landscaping's free seminar for the month will focus on putting your "beds to bed". They will also take time to answer questions you have in regard to caring for your lawn, and the maintenance that it requires. **Sign up at the Aspen Lodge front desk.**

Cancer Killer Lecture with Dr. Zack Alme

Saturday, October 18

10:00 AM

Learn what cancer really is, and how your body is naturally programmed to kill it, the dangers of conventional treatment Methods, how lifestyle choices dramatically boost or reduce cancer development and more!

**Questions? Contact Jennifer at 303-673-0442
Join the fight to kill cancer!**

CLUBS, CLASSES & COMMUNITY NEWS

Skin Cancer Lecture

Wednesday, October 15

9:00 AM - 10:00 AM

Have you looked at your skin lately?

We will tell you what to look for!

Boulder Valley Center for Dermatology invites you to join Ryan Bird, PA-C to talk about the well-being of your skin. Fruits, juices and pastries will be available.

Sign up at the Aspen Lodge Front Desk

Colorado Heritage Club

Metro Denver's Water: Getting it Wasn't Easy

Wednesday, October 15

7:00 PM

\$3 Donation at Door

Dr. Patty Limerick is a history professor at the University of Colorado and Faculty Director of the Center of the American West. Her award winning book, *Legacy of the West* published in 1987, changed the way historians view Western history. Since then she has "dedicated her career to bridging the gap between academics and the general public and to demonstrating the benefits of applying historical perspective to contemporary dilemmas and conflicts." Patty has an entertaining delivery style making her a highly sought after researcher and speaker. Anthem Ranch is fortunate that she is able to present to us this fascinating, complicated, and surprising story. You won't want to miss this unique opportunity. **Sign up at the Aspen Lodge Front Desk.**

Jesuit Alumni Get-Together

Thursday, October 16

10:00 AM - 11:00 AM

Calling all Jesuit Alumni/Alumnae (High School, College and University)! Interested in meeting other alumni/ae of Jesuit schools? Coffee and donuts provided! Lets just get acquainted and see if an occasional meeting would be of interest.

Questions? Contact Dick Jonsen at 303-665-9139 or dickjonsen@gmail.com.

Ladies Who Lunch

Thursday, October 16

11:00 AM - 1:30 PM

Come enjoy fantastic French cuisine at Boulder's Brasserie 1010. Try crepes, beignets, steak frites, moules or switch to huevos rancheros, all with reasonable prices from \$8.00 to \$12.00.

Garage parking with validation across the street. **Sign up early at the Lodge to be included on our first french restaurant treat. Questions?**

Contact Brenda Dwyer at 303-604-6251.

RSVP at the Front Desk today!

Medicare 101

Wednesday, October 22

6:00 PM

United Healthcare® hosts a number of events throughout the year. Part questions, part answers — these events are provided at no cost and open to the public. They're designed to explain the benefits of a Medicare plan from United Healthcare. **Questions? Contact Traci Burnham or Toni Stubbs at 303-880-0484.**

Sign up at the Aspen Lodge Front Desk.

Colorado Heritage Club

Sand Creek Memories

Thursday, October 23

10:30 AM

\$3 Donation at Door

Dr. Ari Kelman is a professor of history at Penn State University. His recent book, *A Misplaced Massacre*, tells the story of the incredible difficulties the National Park Service had when it recently tried to establish a National monument about the Sand Creek massacre. This tragic encounter 150 years ago changed the great plains forever and left Colorado with a troubled legacy. For this book Professor Kelman was awarded the Bancroft prize, one of the most prestigious awards for history writing. Don't miss his presentation! **Sign up at the Aspen Lodge Front Desk.**

Anthem Players Production "Oops"

November 6, 7 and 8

7:00 PM - 9:00 PM

\$10

Hurry, hurry to watch the Anthem Players go "Oops" Performances at Aspen Lodge. **Tickets on sale starting September 17 at the Aspen Lodge front desk. Always sells out so HURRY or OOPS! Questions? Contact Sandra Hand at 303-479-8107.**

Your Questions Answered regarding Estate Planning, Probate, Financial Planning and Reverse Mortgages

Thursday, November 13

10:30 AM

Spend an hour with Jeff Luce with Edward Jones, Lynn Bird with Caplan and Earnest and Bob Groening (Reverse Mortgage Educator). Join us for an opportunity to learn what's changed this year and may be changing in the near future Refreshments and door prizes, including fine wine!

Sign up at the Aspen Lodge Front desk.

MAC CLASSES

Need some assistance in discovering the in's and out's of your Apple products? An array of classes will be offered by Apple expert instructor, Kristi ZumBrennen with KTech Consulting. She will be instructing five different classes that focus on different features of Apple products. The following is a list of classes she be offering. **Get "Apple Educated" and be sure to register at the Aspen Lodge Front Desk for the classes you're interested in! Class size is limited. Payments due to instructor at time of class. Questions? Contact Kristi ZumBrunnen at kristi@ktechco.com**

Mac 101: 2 class sessions, \$60/person or \$100/couple

September 30 & October 7

9:00am - 12:00pm or 1:30pm - 4:30pm

Begin the journey to love your Mac! We will learn about navigating the operating system, settings, standard features common to all Apple technology and tips, tricks and Mac lingo.

iPhoto 101: 2 class sessions, \$60/person or \$100/couple

October 16 & October 23

9:00am - 12:00pm or 1:30pm - 4:30pm

Learn about setting up an iPhoto library, settings & preferences, navigating, managing & organizing photos, editing photos and sharing and using photos.

iCloud & iCloud Drive: 1 class session, \$40/person or \$70/couple

October 3

9:00am - 12:00pm

Learn the in's and outs of the iCloud setup, syncing, sharing and new features!

iPhone & iPad 101: 2 class sessions, \$60/person or \$100/couple

November 9 & November 12

12:00pm - 4:00pm

Learn about life with your iPhone or iPad!

Mac 201: 2 class sessions, \$60/person or \$100/couple

December 2 & December 9

9:00am - 12:00pm or 1:30pm - 4:30pm

Continue the journey to love your Mac! Learn advanced and new operating system features and functions, mail, calendar and other Apple apps, and tips, tricks and Mac lingo!



ANTHEM RANCH CAN-UP 2014

Join the fun for a good cause - a canned food drive to benefit Sister Carmen Food Bank! It's not a competition, it's an EVENT! We are hoping to get residents from all corners of the Ranch to join together to make it our best year yet! We'll be building a display in the Lodge from the collected cans and then donating it all to Sister Carmen. We are so lucky to be living the good life here at Anthem, and this is a great way to support those in the community around us who are having a hard time. As Club Heads, we'd like to enlist your help to reach the members of your club to contribute to the drive. We collect money (tax-deductible receipts from Sister Carmen are available) and our super shopper Char scours the area for the very best deals. She's already hard at work buying and stacking cans and boxes in her garage and basement. We are planning a fund-raising blitz the first 2 weeks in November and will send out more information as the time approaches.

If you would like help getting the word out to your club members or collecting their donations, contact **Char Grieshaber** (chargrieshaber@yahoo.com, 720-542-3358) or **Norma McGraw** (norma@squeakerdog.com, 303-590-4530).



MEET OUR STAFF



Meet Ryan! **Member Services**

We are happy to welcome Ryan to our front desk crew. Ryan will be in charge of many front desk duties as he comes to us with great experience having spent almost a year working at the Anthem Highlands, Parkside Center. Ryan's technological savviness will be highlighted when he creates the weekly PowerPoint for the lobby. Please see Ryan to purchase all of your event tickets and any other needs you might have while at the Lodge.



Meet Adam! **Maintenance Associate**

Adam comes to Anthem as a CU student with a great work ethic! He will be working with James and Dan to help the Lodge and common spaces stay maintained and functioning their best. Adam looks forward to meeting many residents and helping them with their everyday maintenance needs! Be sure to introduce yourself when you see him either at the Lodge or out-and-about in the community!

LINE DANCE CLASSES 2014 - 5th Session

All classes are FREE. They are held in the Aerobics/Fitness Room at Anthem Ranch Lodge.

PLEASE CONTACT THE INSTRUCTOR BEFORE ATTENDING A CLASS.



October 13: Evening Line Dancing, Mondays, 5:30 to 6:30 p.m.
Instructor: Wendy Anderson, 303.919.1199

October 3,17: Beginner, Fridays, 3:15 to 4:15 p.m.*
Instructor: Francine Purdom, 303.993.5215

*A minimum of 10 students is necessary to hold this class.

Sept. 22, 29, Oct. 13: Advanced Beginner Line Dancing, Mondays, 1:00 to 2:00 p.m.
Instructor: Francine Purdom, 303.993.5215

October 1, 15: Advanced Beginner Line Dancing, Wednesdays, 4:15 to 5:15 p.m.
Instructor: J. P. Roberts, 303.499.3190

October 13: Low Intermediate Line Dancing, Mondays, 2:30 to 3:30 p.m.
Instructor: Carla Kane, 720.353.4845

October 14: Intermediate Line Dancing, Tuesdays, 2:00 to 3:00 p.m.
Instructor: Carol Sooter, 303.993.4772

October 17: Boot Scooters' Dances

Anthem Lodge is closed for maintenance the week of October 6th. No classes.

FITNESS & WELLNESS OFFERINGS

Reflexology Sessions

Practitioner: Alma Dubin
303-442-7818

Soothing Hot Stone Swedish Massage Therapy

Therapist: Anne Brauker, RMT
720-217-5543 annebrauk@comcast.net.

Massage Therapy

Therapist: Sonia Puccio, RMT
303-955-4817

Chiropractic Care

Chiropractor: Dr. Michelle Mathiesen
303-845-2972

Form and Fitness Physical Therapy

Physical Therapist: Brian Forman
303-404-9494

Personal Trainer Brigid Sanner

303-926-4199 brigid.sanner@gmail.com

Personal Trainer Liz Negry

303-618-6457 lnegrey@yahoo.com

Personal Trainer Jay Willey

303-947-9348 lumpjump9@hotmail.com

Personal Trainer Steve Cummock

970-217-0997



Group Fitness Classes

For a complete listing of group fitness class offerings and descriptions, please visit the community website at www.myanthemranch.com or pick up an informational flyer located outside the group fitness studio at the Aspen Lodge.

WELLNESS/FITNESS NEWS & SERVICES

Anthem Aquafit Fall Time Change

As of Monday, October 13, Anthem Aquafit class will be changed to 8:30 AM - 9:30 AM on Monday's and Wednesday's. Please mark your calendars!

PLEASE NOTE THE FOLLOWING DATE CHANGE:

New Zumba® Toning Class!

Launch Date: Thursday, September 25
9:00 AM - 10:00 AM

Instructor: Marie Roberts

Cost: \$5 Drop-In Fee, \$50 for 10 Class Sessions
Zumba® Toning

Perfect for those who want to party, but put extra emphasis on toning and sculpting to define those muscles!

Meditation Class with Brigitte will no longer be offered at Anthem Ranch. If you have any questions, please contact Courtney Folkedahl at 303-665-1256.

Hearing & Ear Services

Wednesday, October 22

8:30 AM - 11:30 AM

Free

Family Hearing Centers will have a clinician available for Service Clinics to clean your hearing aids, manage wax build up, screen your hearing, and answer any and all questions you might have about your ears. **Please register at the Aspen Lodge front desk for a new extended time slot.**

Visiting Nurse Association/Medical Foot Care

Tuesday, October 21

9:00 AM - 2:00 PM

\$30 to VNA at time of service

Kaiser insurance accepted with pre-approval - call 303-698-6496. Various general health and foot checks offered. **Register at the Aspen Lodge front desk, hours have been extended to accommodate more people.**

Community Partners

Platinum



Basement Specialists, LLC
3375 Parkside Center Drive
Broomfield, CO 80023

Contact: George Zyznieuski
Phone: 303-467-9201
Fax: 303-467-9201

Quality Custom Finished Basements
www.basementspecialists.com



Edward Jones Investments
3800 West 144th Ave #B-1200
Broomfield, CO 80023

Contact: Jeff Luce
Phone: 720-887-3351
Fax: 866-872-2181

<http://www.edwardjones.com>



Smyle Consulting Group / Susie Smyle
Professional Colorado Realtor RE/MAX Northwest
12000 Pecos Street #160
Westminster, CO 80234

Contact: Susie Smyle
Phone: 303-931-1768
Fax: 303-568-7770

Bronze

United Healthcare Medical Solutions
Tony Stubbs and Traci Burnham
Phone: 303-880-0484

Olinger Mortuary and Cemeteries
Phone: 303-451-6674
www.dignitymemorial.com

Michael Connelly Landscaping
Phone: 303-916-4795
www.michaelrconnelly@yahoo.com

Visiting Angels
Living Assistance Services
Kristin Middleton
303-650-2881

The Germany Law Firm, PC
Phone (303) 454-3711
Fax (303) 496-0752
www.coelderlaw.net

Sue Thomas
Custom Stained Glass
SueThomasGlassArtist.com
303-367-1718

Novak Realty - Metro Brokers
Westminster, CO
Contact: Kathy Novak
knovak52@gmail.com

Jeannie Hulse Insurance & Financial Services
Contact: Jeannie Hulse
Phone: 303-828-4002
<http://www.jeanniehulse.com>

Front Range Hospice
Contact: Barbara Reed
phone: 303-957-3101
www.frontrangehospice.com

Bob Groening -Anthem Ranch Resident
Reverse Mortgage Educator
Phone: 303-517-3948
bob@yourloanteam.com

Morgan Stanley Wealth Management
Contact: Kip Hertenberg
Phone: 303-595-2060
Kip.hertenberg@ms.com

Hearthside Dentistry
Thornton, CO
Contact: Christina McMillon
www.hearthside-dentistry.com

Team Anthem Real Estate
John Brewer
Anthem Ranch Resident
303-638-7741
Ed Ahlstrand, Jr.
Broker Associate
303-929-9176

Gold

Family Hearing Center
2770 Arapahoe Road #126
Lafayette, CO 80026
Contact: Christopher Schweitzer
Phone: 303-665-0454
Fax: 303-665-4775

Larkridge Family Dentistry
Thornton, CO 80023
Contact: Dr. Tara Carroll
Phone: 303-962-6400
Larkridgefamilydentistry.com

Lynn Bird, Caplan and Earnest, LLC
Wills, Trusts, & Real Estate Atty
1800 Broadway, Ste. 200
Boulder, CO 80302-5289
Phone: 303-443-8010
www.celaw.com
Quandary Loop Resident

Bob Reed/Paul Comstock
Partners Wealth
Management
16224 Cirque Mountain Way
Phone: 303-469-8672/
rreedinvest@gmail.com
Paulcomstockpartners.com

Country Financial
380 Interlocken Cresent
Suite 300 Broomfield, CO
Contact: Neil Shelton or Judy Andrighetti
Phone: 303-940-1151
www.countryfinancial.com

Silver

Colorado Art Glass
Phone: 303-775-3591
Email: coartglass@gmail.com
<http://www.coloradoartglass.com>

Summit Vision Care
Dr. Doug Kennedy
Phone: 303-828-1512
www.summitvisioncare.com

For more information about our Community Partners visit the Community Website at www.myanthermranh.com. If you are interested in advertising with Anthem Ranch Community Association, please contact **Katherine Erstad, Lifestyle Director**, at kerstad@ccmcnet.com or 303-665-1256 x 111.

